



## PRO1000 Sport Upper Body Exerciser

### Scientific Solutions

- Bi-directional movement and resistance.
- Resistance system - 3 phase combination generator and eddy current brake with the largest wattage range in the industry, starting at 6 watts.
- 1-20 levels adjustable in .1 increments providing 200 levels of resistance.
- Fixed, sport seat moves fore and aft with 500 lb user weight capacity.
- Removable seat for wheelchair access. Accessories available.
- True adjustable step-through design, allowing all users full access and ease of entry.
- Easy, 'get on and go' upper body exerciser.
- Ideal for strengthening arms and shoulders and at the same time recruiting the core stabilizing muscles.
- Handles are designed to be 19 degrees from the vertical plane for the most biomechanically correct and comfortable position.
- Heart Rate compatible with most wireless technology.

### Intelli-Fit Features and Programs

- 7" LCD display with user friendly interface using tactile keypad, color coded with audible beep.
- Programs: One button Quick Start, Manual, Hill Profiles, Random Profiles, Heart Rate, Iso-Strength, Constant Work, Heart-Fit Test, Heart-Fit Training (4 levels with 3 programs at each level), Power-Fit Test, Power-Fit Training (4 levels with 3 programs at each level), Stress Test and Fit-Quik™.
- Administrative mode: includes 6 user defined languages, metric or US units of measure and other custom settings.
- Built-in twin Fans: 3 levels of intensity at low, medium and high.
- Power Burst - 8 second burst of Iso-Strength. Available on all programs except: Heart-Fit Test/Training, Power-Fit Test/Training, Heart Rate, Iso-Strength and Stress Test.
- Automatic cool down after each exercise is completed.
- Download results to USB flash drive. Simply plug your USB key in the Fit-Key slot and your work-out will be copied in a text file for saving and printing.
- Display Feedback: Heart rate, time, RPM, calories, distance/miles, level, watts and MET's with two change view screens
- CSAFE port and 8-volt DC power port for TV or other controllers.
- Adjustable console angle to accommodate users at all positions.
- USB charger for phones, mp3 players and other electronic devices.



### Optional Accessories



Assist Gloves



USB Fit-Keys



Wheelchair Platform  
with Tethers



Heart Rate Chest Strap



Wheelchair Ramp



Straight Hand Grips

Entertainment options  
also available.

### Technical Specifications

- Overall Dimensions: 61" L x 30" W x 62" H
- Weight of unit: 202 lbs pre packaged
- Shipping Dimensions and weight:  
68"x32"x64" 247 lbs (Skid only)  
68 5/8" X 32 1/2" X 67 9/16" 282 lbs Boxed
- Maximum user weight: 500 lbs
- Self Generating with auto recharge battery backup. Low voltage AC adapter included.

### Color

Frame: Silver Powder Coated  
Covers: Metallic Gray with UV Protection

### Warranty

3 year parts, 1 year labor. Exceptions: 1 Year warranty on pedals and seats. Wear items (rubber hand grips and pedal straps) are excluded from warranty.

**Fit-Key**  
Compatible

### Order Code

PRO1030-INT